

ASERAC™

VICTIM > SURVIVOR > CONQUEROR

INTRODUCTION



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FH Havinga

About The Founder

FH Havinga has academic qualifications in the fields of Theology, Psychology and in the Paramedical field. FH Havinga acts as a Trauma Therapist for the emergency services (Netcare 911 and Gauteng emergency services) as well as for the Metro-police services. He is the first and only specialized reservist in South Africa for the Occult Related Crime Unit of the SAPS acting as a Therapist for Occult Related Crimes and assisting in the training of detectives in the investigation of Occult Related Crimes. FH Havinga has been helping people wanting to break away from Satanism, Occult Practices and Dangerous Cults for the past twenty-two-years. He has been a speaker at numerous functions ranging from speaking at schools to the training of professionals, and has appeared on numerous TV programs and radio stations. Because of his specialized knowledge in the field of the Occult and Dangerous Cults, he has been asked to write a number of articles for national and international magazines and newspapers. He is the founder of ASERAC™, a company aiming at caring for survivors of extreme forms of abuse & trauma. FH Havinga is also the co-founder and Vice-chair of Alpha Trauma and Support Centre in Kempton Park, a community centre helping people in the community that has been exposed to extreme forms of trauma ranging from Child & Sexual Abuse, Hijackings to Ritualistic Abuse. He currently has a private practice in Kempton Park, doing professional psychological counselling and working especially with victims of severe trauma. FH Havinga is married to Elmarie and they have two sons; Jadon and Ethan. He believes that each person should fulfil his God given purpose on earth and change his generation in his lifetime.

Areas of Operation:

- *Psychology*
- *Theology*
- *Trauma Therapy*
- *Law Enforcement (SAPS)*
- *Para-medical field*
- *Training & Development*

ASERAC™ - The Company

ASERAC Pty. (Ltd) is a registered non-profit, non-governmental organisation registered as a Section 21 company in terms of the Companies Act 61 of 1973 of South Africa. ASERAC™ will network with and render a service to NGO's and Government Departments that have the same goals. ASERAC™ will adhere to the Constitution of the Republic of South Africa Act 108 of 1996.

ASERAC™ - The Name

ASERAC when read from right to left spell CARE - SA which states our focus (*Caring for victims of Severe Abuse and trauma*) and serves as an acronym for the roles we fulfill and services we render.

- C** - **Counselling & Consulting**
- A** - **Awareness & Advocating**
- R** - **Restoring & Researching**
- E** - **Empowering & Enrolling**
- SA** - **Survivors of Abuse & Trauma**



OUR AIM & STRATEGY

COUNSELLING

We provide a holistic approach to counselling by providing professional & lay counselling, together with preventative interventions & life-skill training.

AWARENESS

We conduct pro-active talks, presentations, awareness training through workshops, seminars and exhibits in our communities and organisations on various levels and to various target audiences.

RESTORING

Our restorative functions are aimed at individuals, families and communities. We focus on restoring a healthy equilibrium on all levels of functioning in each of these contexts after extreme trauma and/or abuse.

EMPOWERING / TRAINING

We believe that if we can empower individuals, families, and communities we can erode the paralysing effect of IGNORANCE and FEAR in our country, This in turn will create an atmosphere to prevent abuse to continue unhindered.

CONSULTING

As part of our services we provide a consulting service, advising, planning and implementing strategic and directive specialised projects on various levels.

ADVOCATING

We act as an advocating agent to actively promote the reality of extreme forms of trauma & abuse in our communities. We endeavour to erode IGNORANCE in our society via balanced advocating processes.

RESEARCHING

Our on-going research ensures that we stay relevant and up to date with the latest developments in the field of extreme trauma and abuse.

ENROLLING

The ultimate form of empowering lies in our aim to take the victim of abuse & extreme trauma to a place of being a conqueror and then enrolling them to help others from their vantage point of practical experience.





FUNDAMENTAL PRINCIPLES OF HELPING

ASERAC™ firmly believes in maintaining a balanced and true holistic view and approach in helping victims of extreme abuse and trauma. It is our conviction that man must be viewed and helped on a social, psycho-emotional, physical and spiritual level in order for him to truly experience a free and fulfilling life. Thus our strategy is aimed at helping victims of extreme abuse and trauma on all these levels via a well established multidisciplinary network of help providers, following an integrative Biblical systemic approach.

ASERAC™ - Core Values

We endeavor to uphold the following core values:

A. EQUALITY & UNITY

We endeavour to promote unity under all and in all.

B. SOUND ETHICS & INTEGRITY

We shall always strive to uphold a strict code of ethics and walk in honesty, uprightness and integrity.

C. BALANCE & WISDOM

We endeavour to keep the balance in all areas of practice and living.

D. SERVANT HOOD & COMMITMENT

In everything we do humility and servant hood is our attitude and commitment our policy.

E. LOVE

We will be driven by selfless Godly love towards all.

F. ALL TRUTH IS GOD'S TRUTH

All truth is God's truth irrespective of who possesses it.

G. OUR POINT OF DEPARTURE

The Bible is our final authority and measure for ultimate truth.

H. OBEDIENCE TO GOD'S SPIRIT

We will follow the Spirit of God.

Science without religion is lame, Religion without science is blind. - Albert Einstein

CATEGORIES OF TRAUMA & ABUSE VICTIMS WE ASSIST

- **Religious and/or philosophical motivated trauma and abuse victims**
Cultic trauma, occult trauma, traumatic Christian practices, ritual trauma etc.
- **Psycho-emotional trauma and abuse victims**
Emotional abuse, ideological indoctrination, verbal abuse etc.
- **Socio-cultural trauma and abuse victims**
Relationship abuse, cultural abuse, traumatic acculturation etc.
- **Physical trauma and abuse victims**
Physical abuse, sexual trauma, drug/substance abuse, speech traumas



ASERAC™ TRAINING & DEVELOPMENT

Our aim is to render a consulting, educating and counselling service to the survivors, significant others and organizations in order to raise awareness in our communities of the reality of extreme forms of abuse in our midst. Our advocacy role will be aimed at restoring the victims of severe abuse and trauma, empowering them and enrolling them into their communities in order to reinvest their experience and skills to help others.

TRAINING, COUNSELLING & CONSULTING CATEGORIES

- * Traumatology and trauma intervention skills
- * Care-giving and support for victims and significant others
- * Life skills
- * Health and wellness
- * Leadership development
- * Youth work/ministry
- * First aid
- * Christian lay counselling training
- * Addictionology and substance abuse
- * Balanced Christian development
- * Cults, occult, and witchcraft related trauma intervention

- * Customised or context specific training programs
- * Awareness training and proactive talks
- * Consultation services
- * Counselling services
- * Program development and implementation
- * Camps and retreats



CONTACT ASERAC™

-  4b Cypress Street
Kempton Park
S 26° 6' 37' E 28° 14' 5'
-  +27 11 023 7376
-  086 614 3076
-  office@aserac.co.za



BANKING DETAILS

First National Bank
Business Cheque Account
Woodbridge
Branch code: 205 609
Acc. Nr. 6227 831 5918
S.W.I.F.T. FIRNZAJJ